

**Upasana Express (PT)/12328 - SF - ER**  
**JSME/Jasidih Junction to HWH/Howrah Junction**  
**5h 6m - 310 km - 2 halts - Departs Sun,Thu**

| #  | Code | Station Name                            | Arrives | Avg | Depart<br>s | Avg | Halt | PF  | Day | Km   | Spd | Elv | Zone |
|----|------|-----------------------------------------|---------|-----|-------------|-----|------|-----|-----|------|-----|-----|------|
| 1  | DDN  | Dehradun                                |         |     | 21:45       |     |      | 3   | 1   | 0    | 28  | 637 | NR   |
| 2  | HW   | Haridwar                                | 23:35   |     | 23:43       |     | 8m   | 2   | 1   | 52   | 58  | 314 | NR   |
| 3  | MB   | Moradabad Junction                      | 02:37   |     | 02:45       |     | 8m   | 1   | 2   | 219  | 69  | 193 | NR   |
| 4  | BE   | Bareilly Junction                       | 04:03   |     | 04:05       |     | 2m   | 1   | 2   | 310  | 60  | 169 | NR   |
| 5  | LKO  | Lucknow Charbagh NR                     | 08:00   |     | 08:10       |     | 10m  | 1,2 | 2   | 544  | 61  | 124 | NR   |
| 6  | NHH  | Nihalgarh                               | 09:37   |     | 09:39       |     | 2m   | 1   | 2   | 633  | 72  | 108 | NR   |
| 7  | SLN  | Sultanpur Junction                      | 10:21   |     | 10:23       |     | 2m   | 1   | 2   | 684  | 51  | 95  | NR   |
| 8  | BSB  | Varanasi Junction                       | 13:10   |     | 13:20       |     | 10m  | 5,6 | 2   | 827  | 22  | 77  | NR   |
| 9  | DDU  | Pt. DD Upadhyaya Junction (Mughalsarai) | 14:10   |     | 14:20       |     | 10m  | 2   | 2   | 845  | 68  | 79  | ECR  |
| 10 | DLN  | Dildarnagar Junction                    | 15:11   |     | 15:13       |     | 2m   | 2   | 2   | 903  | 87  |     | ECR  |
| 11 | BXR  | Buxar                                   | 15:38   |     | 15:40       |     | 2m   | 1   | 2   | 939  | 93  | 68  | ECR  |
| 12 | ARA  | Ara Junction                            | 16:24   |     | 16:26       |     | 2m   |     | 2   | 1008 | 46  | 59  | ECR  |
| 13 | PNBE | Patna Junction                          | 17:30   |     | 17:40       |     | 10m  | 1   | 2   | 1057 | 75  | 57  | ECR  |
| 14 | MKA  | Mokama                                  | 18:51   |     | 18:53       |     | 2m   | 1   | 2   | 1146 | 32  | 144 | ECR  |
| 15 | KIUL | Kiul Junction                           | 19:58   |     | 20:00       |     | 2m   | 5   | 2   | 1180 | 36  | 153 | ECR  |
| 16 | JAJ  | Jhajha                                  | 21:30   |     | 21:35       |     | 5m   | 2   | 2   | 1234 | 82  | 138 | ECR  |
| 17 | JSME | Jasidih Junction                        | 22:07   |     | 22:09       |     | 2m   | 1   | 2   | 1278 | 64  | 260 | ER   |
| 18 | MDP  | Madhupur Junction                       | 22:36   |     | 22:38       |     | 2m   | 3   | 2   | 1307 | 65  | 248 | ER   |
| 19 | ASN  | Asansol Junction                        | 23:53   |     | 23:58       |     | 5m   | 5   | 2   | 1388 | 61  | 106 | ER   |
| 20 | HWH  | Howrah Junction                         | 03:15   |     |             |     |      | 8   | 3   | 1587 | -   | 12  | ER   |