

Thiruvananthapuram Central - M.G.R Chennai Central SF Express (PT)/12696 - SF - SR

VAK/Varkala Sivagiri to SA/Salem Junction

10h 41m - 543 km - 13 halts - Departs Daily

| # | Code | Station Name | Arrives | Avg | Depart s | Avg | Halt | PF | Day | Km | Spd | Elv | Zone |
|-----------|------------|---|--------------|-----|--------------|-----|------|----|-----|-----|-----|-----|------|
| 1 | TVC | Thiruvananthapuram Central (Trivandrum) | | | 17:15 | | | 1 | 1 | 0 | 70 | 7 | SR |
| 2 | VAK | Varkala Sivagiri | 17:50 | | 17:51 | | 1m | 1 | 1 | 41 | 59 | 57 | SR |
| 3 | QLN | Kollam Junction (Quilon) | 18:15 | | 18:18 | | 3m | 2 | 1 | 65 | 68 | 11 | SR |
| 4 | KYJ | Kayamkulam Junction | 18:54 | | 18:56 | | 2m | 2 | 1 | 105 | 52 | 9 | SR |
| 5 | MVLK | Mavelikara | 19:05 | | 19:06 | | 1m | 2 | 1 | 113 | 62 | | SR |
| 6 | CNGR | Chengannur | 19:18 | | 19:20 | | 2m | 3 | 1 | 126 | 62 | 9 | SR |
| 7 | TRVL | Tiruvalla | 19:29 | | 19:30 | | 1m | 2 | 1 | 135 | 53 | | SR |
| 8 | CGY | Changanassery | 19:39 | | 19:40 | | 1m | 2 | 1 | 143 | 53 | | SR |
| 9 | KTYM | Kottayam | 20:00 | | 20:05 | | 5m | 1 | 1 | 161 | 45 | 4 | SR |
| 10 | ERN | Ernakulam Town (North) | 21:25 | | 21:30 | | 5m | 1 | 1 | 221 | 64 | 2 | SR |
| 11 | TCR | Thrissur (Trichur) | 22:37 | | 22:40 | | 3m | 2 | 1 | 292 | 39 | 3 | SR |
| 12 | PGT | Palakkad Junction (Palghat) | 00:37 | | 00:40 | | 3m | 4 | 2 | 367 | 43 | 78 | SR |
| 13 | CBE | Coimbatore Junction | 01:57 | | 02:00 | | 3m | 1 | 2 | 423 | 71 | 411 | SR |
| 14 | TUP | Tiruppur | 02:43 | | 02:45 | | 2m | 2 | 2 | 474 | 60 | 306 | SR |
| 15 | ED | Erode Junction | 03:35 | | 03:40 | | 5m | 1 | 2 | 524 | 69 | 171 | SR |
| 16 | SA | Salem Junction | 04:32 | | 04:35 | | 3m | 3 | 2 | 584 | 67 | 280 | SR |
| 17 | JTJ | Jolarpettai Junction | 06:23 | | 06:25 | | 2m | 3 | 2 | 704 | 75 | 400 | SR |
| 18 | VN | Vaniyambadi | 06:38 | | 06:40 | | 2m | 2 | 2 | 720 | 71 | 355 | SR |
| 19 | KPD | Katpadi Junction | 07:38 | | 07:40 | | 2m | 2 | 2 | 789 | 76 | 215 | SR |
| 20 | AJJ | Arakkonam Junction | 08:28 | | 08:30 | | 2m | 2 | 2 | 849 | 46 | 85 | SR |
| 21 | MAS | MGR Chennai Central | 10:00 | | | | | 9 | 2 | 918 | - | 3 | SR |