

Kathgodam - Kanpur Central Garib Rath Express/12210 - GR - NR

KGM/Kathgodam to SPN/Shahjahanpur Junction

5h 50m - 222 km - 6 halts - Departs Mon

| # | Code | Station Name | Arrives | Avg | Depart s | Avg | Halt | PF | Day | Km | Spd | Elv | Zone |
|----------|------------|------------------------------|--------------|-----|--------------|-----|------|----|-----|-----|-----|-----|------|
| 1 | KGM | Kathgodam | | | 18:15 | | | 1 | 1 | 0 | 30 | 509 | NER |
| 2 | HDW | Haldwani | 18:27 | | 18:30 | | 3m | 1 | 1 | 6 | 29 | 433 | NER |
| 3 | LKU | Lal Kuan Junction | 19:04 | | 19:06 | | 2m | 1 | 1 | 22 | 42 | 257 | NER |
| 4 | RUPC | Rudrapur City | 19:37 | | 19:39 | | 2m | 1 | 1 | 44 | 77 | 209 | NER |
| 5 | BLQR | Bilaspur Road | 19:53 | | 19:55 | | 2m | 0 | 1 | 62 | 29 | 195 | NER |
| 6 | RMU | Rampur Junction | 20:50 | | 21:20 | | 30m | 0 | 1 | 89 | 41 | 191 | NR |
| 7 | BE | Bareilly Junction | 22:52 | | 22:57 | | 5m | 1 | 1 | 152 | 62 | | NR |
| 8 | SPN | Shahjahanpur Junction | 00:05 | | 00:07 | | 2m | 2 | 2 | 222 | 64 | 155 | NR |
| 9 | LJN | Lucknow Junction NER | 02:40 | | 03:05 | | 25m | 1 | 2 | 387 | 48 | 121 | NER |
| 10 | CNB | Kanpur Central | 04:35 | | | | | 8 | 2 | 459 | - | 127 | NCR |